

St. Francis Xavier Catholic Church



Second Sunday of Lent

March 5, 2023

2500 Arbeiter Rd., Joliet, IL 60431

Phone: (815) 609-8077 Email: office@sfxjoliet.org Website: sfxjoliet.org

Emergency Phone: (815) 669-7752 Pastor: Fr. Karl Langsdorf, frkarl@sfxjoliet.org

Weekend Masses

Saturday Vigil

4:30pm - Church / Live-streamed & Broadcasted in the Parking Lot

Sunday

8:30am - Church / Broadcasted in the Parking Lot

10:00am - Church / Broadcasted in the Parking Lot

Weekend Masses can be viewed on the parish's YouTube channel @SFXjoliet

<https://www.youtube.com/@SFXjoliet>

Weekday Masses

Monday: 9:15am Tuesday: 9:15am Wednesday: 6:30pm

Thursday: 9:15am Friday: 9:15am

Eucharistic Adoration

Wednesday: 6:00-6:30pm Thursday: 9:45-10:15am

Confession

Saturday: 3:30-4:15pm Wednesday: 6:00-6:30pm

After the 9:15am Mass on Monday, Tuesday, Thursday, & Friday

By Appointment

Office Hours

Monday & Friday 9:00am - 12:00pm

A Message from Our Pastor



On Wednesday we had our parish reflection on faith, hope and love; we will also have it on Saturday during the 4:30pm mass. Three people from the parish talk about their life experiences in difficult situations. I was deeply impressed by their faith journey and how their faith had been enriched and strengthened through their experiences.

Friday, I had a funeral of someone I have known personally for nearly thirty years and have known of for even longer. He lived by faith, family, and love of not just his home place, but also the country he came to as a young man. Woven through it all was hospitality.

As I talked at his funeral, I realized that this is the way we live and share faith. My interactions with his kids and grandkids taught me how he succeeded because like the three sharing their stories, family and community were very much at the center. The family and community were enriched by the faith, a faith that was strengthened by the family and community.

Very often the thread that bond them together was the hospitality. As Jesus welcomes the Apostles into a glimpse of heaven this weekend, may we through our welcome and hospitality, bring others into the faith that is the family of Jesus.

St. Patrick Fathers Grand Raffle

St. Patrick Fathers are hosting their annual Dinner Dance Sunday, April 23rd; an early bird drawing (Two prizes of \$5000) will be held that evening for the Grand Raffle. The main draw for the Grand Raffle will take place on June 10th. The grand prize is \$10,000; 6 prizes of \$5,000; & 3 prizes of \$1,000. **Grand Raffle Tickets are \$100 this year and available for purchase through Fr. Karl.** If interested, Dinner Dance tickets are also available for \$65. Please see Fr. Karl after masses or contact the office by phone: (815) 609-8077 / email: office@sfxjoliet.org for more details on purchasing Grand Raffle tickets.



Please pray for ~

Lucas Arseneau
Mildred Balogh
Mary Bruce
Mike Cannon
Larry Formella
Pat Gierich
Darlene Janulis
Pamela Mazzone

Tara McDonald
Jim O'Brien
Mike Piwowar
Tom Sagenbrecht
Scott Schwartz
Chester Sobczak
James Talley

Mass Intentions

Saturday, March 4th

4:30pm Andrew Birsa

Sunday, March 5th

8:30am Howard & Rita Bennett

10:00am SFX Parishioners

Monday, March 6th

9:15am Diane Briones

Tuesday, March 7th

9:15am Intention of the Celebrant

Wednesday, March 8th

6:30pm Intention of the Celebrant

Thursday, March 9th

9:15am Intention of the Celebrant

Friday, March 10th

9:15am Intention of the Celebrant

Saturday, March 11th

4:30pm Abbott & Dunne Families

Sunday, March 12th

8:30am Joseph Delaney

10:00am SFX Parishioners

RCIA

Our parish has been blessed this year with one RCIA catechumen and six candidates. Fr. Karl will baptize, confirm and give Holy Eucharist to James at the Easter Vigil and give the sacraments of Holy Eucharist and Confirmation to Kayla, Charles and Jillian in April at a designated Mass. Natalie will receive the sacrament of Confirmation in the fall with our Confirmation class and Amanda and Maria will receive the sacrament of Confirmation at St. Raymond's Cathedral by Bishop Ronald Hicks. It is through prayer that they have entered this program and now we are asking you to keep them in your prayers during this Lenten journey. Please pray that they find strength in God's grace and support in our community.



A Way to Grow to Easter

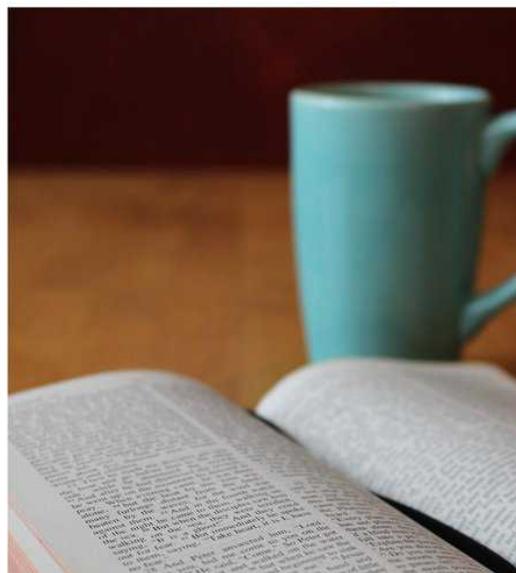
Listen as we discuss ways of preparing and being ready for Christ's Resurrection. We will also look at the participants of Jesus' last week of life: Mary, Mary Magdalene, Peter, Pontius Pilate, Nicodemus and Judas.

We have the opportunity to remember as we enter into the Passion of Christ next month. Join us as we come together as Women of Faith in our Lenten Journey...

Please join us at St. Francis, in the church basement...

Wednesday, March 8th

@ 10:00 AM



Lent 2023

We often describe the Season of Lent as ‘a Journey’ and we may travel along with companions to help navigate the joys and challenges we encounter along the way. This Lent, we journey together as a parish community and family of faith.

This Lent, we offer you several resources you may wish to use as you reflect upon in your private prayer and devotion. We will pray with you each week in our bulletin and on the parish website by offering you daily reflections and scriptures to follow, prepared from the booklet entitled, *Lent 2023, MAKE ROOM FOR LENT* by Joe Sica. This booklet is so very well written and gently invites the reader to daily reflect during this season of reflection and spiritual renewal. *(Copies of this booklet are available for you in the narthex...free will donations are greatly appreciated.)*

Travel well, May the Holy Spirit watch over us all during this holy season, let us continue to pray for one another.



March 5 - Sunday, the Second Week of Lent

Genesis 12: 1-4A * 2 Timothy 1: 8B-10 * Matthew 17: 1-9

Define Your Moment

*“And he was transfigured before them;
and his face shone like the sun.”*

Matthew 17: 2

Work for the Soul – What was your defining moment? It’s helpful to review your life in stages (childhood, adolescence, adulthood, elder years), and write down your thoughts and memories. Ask yourself: What was my defining moment and how did it change my life?

Words from the Heart – *Dear God, I will always cherish those special moments that opened up unlimited possibilities for me to remember and to love. Amen.*



March 6 – Monday, the Second Week of Lent

Daniel 9:4B-10 * Luke 6:36-38

Live without Judgment

“Do not judge and you will not be judged.”

Luke 6:37

Work for the Soul – Every person has value. Lent is a great time to see people through the eyes of Jesus. Think about the people you know who are often passed over, forgotten, judged, or quickly dismissed. Take time this week to get to know them. Do something special for them.

Words from the Heart – *Dear God, please forgive me if I have been quick to judge others. Help me discover those rich opportunities to grow closer to them. Amen.*

March 7 - Tuesday, the Second Week of Lent

Isaiah 1:10, 16-20 * Matthew 23:1-12

Learn from Role Models

“Do not do what they do, for they do not practice what they preach.”

Matthew 23:3

Work for the Soul – Who are your role models? What family members, teachers, or friends have had an impact on you? Share with them how they have influenced your life. Send them a note of appreciation and gratitude.

Words from the Heart – *Dear God, as I live out my Christian life, I will do so carefully. Others may be watching me as their role model. May my actions speak louder than my words. Amen.*

March 8 – Wednesday, the Second Week of Lent

Jeremiah 18: 18-20 * Matthew 20:17-28

Practice Acts of Kindness

***“You know that the rulers of the Gentiles lord it over them,
and their high officials exercise authority over them.***

It can't be that way with you.”

Matthew 20:25-26

Work for the Soul – This Lent, pick up after yourself so no one else has to. Let someone go in front of you in line. Refuse to criticize another. Be friendly to someone who is alone, and listen carefully when another person speaks.

Words from the Heart – *Dear God, help me be kind and gentle in little ways so I can be considerate and helpful with bigger things. Amen.*

March 9 – Thursday, the Second Week of Lent

Jeremiah 17:5-10 * Luke 16: 19-31

Live Like You Were Dying

“No, Father Abraham,’ he said, ‘but if someone from the dead goes to them, they will repent.”

Luke 16:30

Work for the Soul – Listen to Tim McGraw’s song: “Live Like You Were Dying.” Share with family and friends how the music and words touched you and challenged you to take nothing for granted.

Words from the Heart – *Dear God, when I wake up, it’s a new day loaded with possibilities and opportunities. I don’t ever want to waste this precious time. Amen.*

March 10 – Friday, the Second Week of Lent

Genesis 37:3-4, 12-13A, 17B-28A * Matthew 21:33-43, 45-46

Who Is Our God?

“The kingdom of God will be taken away from you and given to a people that produces the fruit of the kingdom.”

Matthew 21:43

Work for the Soul – Write down on paper a description of your old image of God. Then burn the paper. Create (and carry with you) healthy, positive, and life-affirming images of God.

Words from the Heart – *Dear God, when I am quiet, I can hear your gentle voice whisper, “You are special.” Thank you for never giving up on me. Amen.*

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**March 11 – Saturday, the Second Week of Lent**

**Micah 7:14-15, 18-20 \* Luke 15: 1-3, 11-32**

## *Spiritual Amnesia*

*“This brother of yours was dead and has come to life;  
He was lost and has been found.”*

**Luke 15: 32**

**Work for the Soul** – What do you keep turning up in your memory that causes fear, hurt, worry, or anxiety? Find someone to talk to. Replace the painful memories with gratefulness for your life, and marvel as you attract more of the things that you are grateful for.

**Words from the Heart** – *Dear God, I’ve made some choices that I’m not proud of. Thank you for giving me a clean slate and the opportunity to begin again. Amen.*

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## *Knights Corner*

- Pancake breakfast 4/2
- Blood Drive 4/16
- Fish Fry Dates: 3/3, 3/24, 3/31
- Corned Beef and Cabbage for St. Patrick’s Day - 3/17

**Friday Fish Dinners**

**WHEN:** Feb 24  
Mar 3, 24 & 31

**WHERE:** SFX Church Basement

**Dine in or Take-Out**

**MENU**

- 1 piece FRIED Cod Meal - \$9
- 2 piece FRIED Cod Meal - \$11
- 3 piece FRIED Cod Meal - \$13
- 1 piece BAKED Cod Meal - \$9
- 2 piece BAKED Cod Meal - \$11

Meals include:

- French Fries or Baked Potato
- Cole Slaw
- Roll
- Tartar Sauce

**For Dine in**  
In Church Basement between 4:00 pm and 7:30pm

**For Take-Out**  
Order between 3:30 pm and 7:00 pm by calling 815-609-8077 ext 207

Pick up between 4:00 pm and 7:30pm

Cash and Check accepted  
Make checks payable to:  
**SFX KofC 14283**

St. Francis Xavier Catholic Church

# Lenten Reflection Service

Wednesday, March 1 following 6:30 pm Mass  
and

Saturday, March 4 during 4:30 pm Mass

*Faith, Hope and Love*

woven threads in our lives



[sfxjoliet.org](http://sfxjoliet.org)

## Join us for our St. Patrick's Celebration

**Saturday March 11**  
6:00pm in Church Basement

Adult evening of:

- Food & Drink - corned beef & cabbage
- Irish Music - live band
- Raffles
- Fun
- Fellowship

Tickets \$25 per person - buy in Narthex

St. Francis Xavier Catholic Church

## SILENT AUCTION and RAFFLE ITEMS:



**2 – iFLY Gift Certificates** - \$185.00 value (each)  
iFLY Indoor Skydiving  
1752 Freedom Drive, Naperville, IL.



**CUB Tickets** – 2 tickets for each game  
Section 131, Row 12, Seats 1 & 2 on the aisle  
(Electronic tickets will be transferred to the winners by email)  
**\*Saturday, April 8 @ 1:20 pm** (CUBS vs Texan Rangers)  
**\*Thursday, June 29 @ 7:05 pm** (CUBS vs Phillies)  
*NASCAR Night*

**Baseball Card King** - \$50.00 gift certificate,  
Signed football jersey by Mike Singletary,  
Signed football jersey by Jerry Rice,  
Signed photo by Bobby Hull

**Hufendick Farms Market** – \$25.00 gift certificate.

**Haunted Trails** - \$73.00 gift certificate



**Kane County Cougars** – baseball hats, t-shirts, ball, mug,  
glass, playing cards, & 20 tickets to VIP Suite for a Game in 2023 Season.



**JET Basket** – paw-da-graphed book by JET, 2023 JET calendar,  
dog treats, stuffed animal (JET-like). *Priceless!*



**Cat Basket** – cat toys and food treats (\$25.00 value)



**Dog Basket** – blanket, hand painted bowl, toys, and treats.  
(\$65.00 value)

**Comfy & Cozy Basket** – Soft mint green throw blanket, shamrock pillow,  
scented candle, and bottle of wine. (\$75.00 value)

**3 Crystal Vases** – filled with \$\$\$ and lottery scratch-off tickets.

**Warmies & Wine Baskets**



**Gift Basket & Certificate to Goldfish Swim School**



and many more ...

## Pre-Order Gift Cards for Easter!

Order by March 12 for pick up on March 18/19.  
Order by March 26 for pick up on April 1/2.

Pay when you pick up your gift cards!

**To Order:**

- Visit the RaiseRight table in the Narthex after the 4:30pm or 8:30am Mass, or before the 10:00am Mass.
- Complete an order form. (Participating RaiseRight retailers list will be available for reference.)
- Pay with cash/checks made payable to "St. Francis Xavier Parish" when you pick up your gift cards.

No purchase fees for gift cards (including Visa gift cards)  
when you buy them through the RaiseRight (formerly known as Scrip) program!



## Catholic Ministries Annual Appeal 2023



If you have already pledged your support to the Catholic Ministries Annual Appeal (CMAA), thank you! If we all participate, we can meet our parish's CMAA goal of \$GOAL. Each and every gift, large or small, makes a difference.

If you still need to make your gift, please prayerfully reflect on how you can best support the CMAA this year and ensure all in our diocese know that *we belong to God*. There are many options for giving, from pledging to monthly recurring gifts. Pledge envelopes are still available in the church, or you can return the pledge card you received in the mail from the diocese or make a gift online at [jolietdioceseappeal.org](http://jolietdioceseappeal.org).

Remember, if we raise more than our goal, the diocese will return to us 70 percent of the amount over goal. This is an amazing opportunity for our parish.



**Deo Gratas Society**

Prayerfully consider joining the *Deo Gratas Society* with your gift to the 2023 Catholic Ministries Annual Appeal.

When you pledge \$100 a month for 10 months to the Catholic Ministries Annual Appeal, you are welcomed as a member of the *Deo Gratas Society*. Members take a leadership role in the work of the Church, becoming partners in a shared vision for the future of the Diocese of Joliet.

In addition to spiritual benefits, membership includes an annual Mass and reception with Bishop Ronald A. Hicks, and recognition in our annual publication for society members.

**2022 CMAA ALLOCATIONS**

In 2022, gifts to the Catholic Ministries Annual Appeal supported essential ministries in the Diocese of Joliet.



|                                                                                             |                    |
|---------------------------------------------------------------------------------------------|--------------------|
| Educating children and adults in the faith through Catholic schools and religious education | 14%                |
| Ministering to people of all ages, abilities and ethnicities                                | 8%                 |
| Honoring the dignity of life                                                                | 3%                 |
| Serving our brothers and sisters in need through Catholic Charities                         | 15%                |
| Strengthening vocations, educating seminarians and supporting clergy                        | 28%                |
| Serving and protecting children and parishioners                                            | 20%                |
| Returning funds to parishes                                                                 | 12%                |
| <b>TOTAL</b>                                                                                | <b>\$8,228,000</b> |
|                                                                                             | <b>100%</b>        |

# Fishers of Men

- Mens fellowship group meeting
- We meet to share our experiences, discuss Mass Readings and build friendships
- **Monday nights at 7:00 pm**

Note change from  
Wednesdays to Mondays

St. Francis Xavier Catholic Church

sfxjoliet.org

*\*\*Additional Diocesan  
Events & Information can  
be found  
further down in the  
bulletin.\*\**

## Daybreak Signup

Every fourth Friday of the month St Francis Xavier provides dinner to the Daybreak homeless shelter in Joliet.

The following items are needed:



- 4 trays of Lasagna or another Italian entree
- 3 or 4 loafs of French or Italian style bread (cut into slices)
- 2 large trays of salad & salad dressing
- Dessert for 40 people: cookies or some kind of pastries
- 3 half gallons of juice (Hi-C type juice)
- 3 gallons of Milk (whole or 2%, please)



There is a signup sheet on the St Francis Xavier website. Here is how to access it...Go to the St Francis Xavier website: [www.sfxjoliet.org](http://www.sfxjoliet.org).

Hit the Navigation drop down menu. Then, select "Getting Involved". Select "Serve at Daybreak".

Then click button saying info and volunteer for Daybreak.

You can scroll down that form and volunteer for whatever food product that is still available.

Please bring your food to the Church parking lot at 5:00 pm.

Thank you and God Bless.



# RaiseRight

The Right way to Fundraise



Turn everyday shopping into fundraising dollars



## RaiseRight

Formerly ShopWithScrip

**Purchase gift cards while helping the parish!**  
**Stop by the RaiseRight table in the Narthex after Mass to purchase cards or to get additional info!**  
**Check out [sfxjoliet.org/raiserright](http://sfxjoliet.org/raiserright) for more info**



### Volunteers needed for name tag / hospitality Sundays.

- Last Sunday of each month
- Set up: tables, name tags, coffee & treats
- Cleanup: package leftovers, clean coffee pot, put tables away

Please confirm your interest in helping by contacting Karen Asiyambi via email: [bodunrin@comcast.net](mailto:bodunrin@comcast.net) or phone/text: 779-875-5419

## THIS WEEK ON FORMED

Week of March 05, 2023



### The Story of Saint Perpetua

Watch this inspiring animated movie about the life of Saint Perpetua. Born from a noble Roman family, she converts to Christianity despite a new decree prohibiting new conversions in the Roman Empire. Ultimately, she gives her life for Christ.



### The Passion of Saint Perpetua with Mike Aquilina

Join Mike Aquilina, Vice-President of the Saint Paul Biblical Theology Center, in this informing and inspiring documentary that tells the true account of the courageous martyr, Saint Perpetua, and her companions



### Living Lent as a Family (Part 1 of 4)

Dr. Ben Akers sits down with Augustine Institute Graduate School Professor Dr. Sehorn and his wife, Sarah Sehorn, to discuss liturgical living during Lent.

Our parish has a FORMED subscription.  
Visit [signup.formed.org](http://signup.formed.org) and select our parish name.



Schedule for  
DIOCESAN THREE-DAY LENTEN MISSION  
with National Eucharistic Preacher  
Reverend Luke Spannagel  
in Celebration of  
the National Eucharistic Revival

#### THURSDAY, MARCH 23

- 10am St. Ann, Channahon  
*This is My Body Given for You*  
How the Mass brings Jesus to us . . . and us to Jesus.
- 1pm Cathedral of St. Raymond Nonnatus, Joliet  
Priests Presentation
- 7pm St. Paul, Joliet  
*That All May Be One*  
How Holy Communion draws us into deeper union with God and one another and propels us to action and ministry out in the world.

#### FRIDAY, MARCH 24

- 10am Immaculate Conception, Gilman  
*This is My Body Given for You*  
How the Mass brings Jesus to us . . . and us to Jesus.
- 1pm St. Joseph, Bradley  
*That All May Be One*  
How Holy Communion draws us into deeper union with God and one another and propels us to action and ministry out in the world.
- 7pm St. Jude, New Lenox  
*Lord I Want to See*  
Blessed Carlo Acutis and how miracles show what our faith says is always true.

#### SATURDAY, MARCH 25

- 10am St. Matthew, Glendale Heights  
*Only Say the Word and I Shall be Healed*  
Finding the healing hand of Jesus through the Eucharist
- 1pm Christ the King, Lombard  
*This is My Body Given for You*  
How the Mass brings Jesus to us . . . and us to Jesus.
- 6pm St. Joan of Arc, Lisle  
*That All May Be One*  
How Holy Communion draws us into deeper union with God and one another and propels us to action and ministry out in the world.

Watch Father Luke's invitation to these days of our DIOCESAN LENTEN MISSION in celebration of the National Eucharistic Revival on your parish website and on diocesan social media.



*Our Sunday Offering*  
*Contributions Received 2/13/23 - 2/19/23*

Mass Collection

Sunday Offering \$2,719.00  
Blue Envelope \$75.00  
Ash Wednesday (Central & Eastern Europe) \$40.00

Online Giving

Sunday Offering \$2,962.00  
Blue Envelope \$40.00  
Ash Wednesday (Central & Eastern Europe) \$25.00  
Latin America \$25.00  
Easter \$100.00

*Thank you for your generosity!*

*For your heart will always be where your riches are.*

*Matthew*



If you are interested in giving to our parish through our parish online giving website, go to:  
<https://osvhub.com/st-francis-xavier/funds>

**Donations to second collections can also be made through  
the online giving website.**

If you have any questions about the online giving process, please call the parish office or send an email  
to [finance@sfxjoliet.org](mailto:finance@sfxjoliet.org).

**RaiseRight Gift Card Program Earnings (7/1/22-2/26/23): \$1,081.61**

**2023 CMAA Donations Received by the Parish: \$1,455.00**

**2023 CMAA Rebate Received by the Parish: \$0.00**



# SERRA CLUB of Dupage County



*Fostering and Promoting Vocations  
to the Priesthood and Religious Life.*

## Mark You Calendar Guests are welcomed!

RSVP by **Mar. 15th** to: [D. Thurman d21thurman@gmail.com](mailto:D.Thurman.d21thurman@gmail.com) or 630-642-2618  
Please Denote any **Special Dietary Requirements** when RSPVing to D. Thurman above.

Speaker: **Sister Therese Ann Quigney, SSFCR**, Provincial Superior - School Sisters  
of St. Francis of Christ the King

### DINNER MEETING DETAILS

Monday, March 20, 2023

**St. Petronille Catholic Church**

420 Glenwood Avenue, Glen Ellyn, IL 60137

Enter Door # 2 to the right of the Church Entrance

### Evening Program

6:00 pm - Rosary

6:20 pm - Mass

7:00 pm - Fellowship in the Social Hall

7:20 pm - Dinner and Welcome

7:30 pm - Start of both in person & Zoom Meeting

8:00 pm - Guest speaker: **Sister Therese Ann Quigney**



| 2023 Lenten Care for Creation Calendar                                                                                                                                                                                                                                                                                           |                                                                                                                                |                                                                                                                                          |                                                                                                                                                         | Created by Laudato Si' Ministries of the Diocese of Joliet                                                                                          |                                                                                                                                                        | Follow us on Facebook!                                                                                                                                             |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Sabbath Sunday                                                                                                                                                                                                                                                                                                                   | Meatless Monday                                                                                                                | Trim Trash Tuesday                                                                                                                       | Waste Not Wednesday                                                                                                                                     | Thankful Thursdays                                                                                                                                  | Fasting Friday                                                                                                                                         | Sustainable Saturday                                                                                                                                               |
|  <p><i>This Lent we are giving you an opportunity to follow the call of Pope Francis to protect our common home. During these 40 days of Lent, let us open our hearts and minds through prayer and action to care for God's creation.</i></p> |                                                                                                                                |                                                                                                                                          | <b>Feb 22 Ash Wednesday</b><br>Americans throw away up to 40% of food (NRDC Study). Reflect on how to prevent this in your own home.                    | 23 Appreciate the parks and forest preserves. Take a walk and say a Rosary while walking.                                                           | 24 Not only fast from meat today but also fast from electronics.  | 25 Research how you can create a vegetable garden in your backyard or patio.  |
| <b>26</b> Leave your car at home. Walk or bike to Church. Rest in the Lord.                                                                                                                                                                                                                                                      | <b>27</b> Do not eat meat for lunch today.  | <b>28</b> Do not use any paper towels. Instead use dishcloths or sponges to clean.                                                       | <b>March 1</b> Research how to make a compost bin.                   | <b>2</b> Say Grace before each meal. Thank God for the all the gifts he has given you.                                                              | <b>3</b> Turn your heat down by two degrees.                      | <b>4</b> Replace the light bulbs in your home with LED bulbs. Remember to recycle the old light bulbs.                                                             |
| <b>5</b> Design a prayer corner outside using secondhand materials                                                                                                                                                                                                                                                               | <b>6</b> Do not eat any meat all day.       | <b>7</b> Use reusable containers instead of plastic wrap.                                                                                | <b>8</b> Check out the SCARCE website to find out all the ways to reuse or recycle items in your home.                                                  | <b>9</b> Plant a tree or donate to "One Tree Planted" which focuses on Global Reforestation.                                                        | <b>10</b> Take a shorter shower and fewer showers.                | <b>11</b> Sign up to attend a Community Solar Information Session.                                                                                                 |
| <b>12</b> Read 5 to 10 pages of a religious book.                                                                                                                                                                                             | <b>13</b> Try a new plant-based recipe. <a href="http://livingthechange.net/">http://livingthechange.net/</a>                  | <b>14</b> Freeze leftovers instead of throwing away.  | <b>15</b> Use the leftovers in your refrigerator to create a meatless meal.                                                                             | <b>16</b> Begin reading Pope Francis' Encyclical Laudato Si'.  | <b>17</b> Look around your home. Decide how you can use less plastic in your daily activities.                                                         | <b>18</b> Shop at secondhand stores and go to the library to get a book.                                                                                           |
| <b>19</b> Make today a family day. Play games and talk about the gifts God has given you.                                                                                                                                                                                                                                        | <b>20</b> Continue to practice meatless Monday and promote this idea to others.                                                | <b>21</b> Research swapping bamboo for paper products at your next large gathering.                                                      | <b>22</b> Buy only what you need at the stores, even if the item is on sale.                                                                            | <b>23</b> Be thankful for the green spaces in the area around you by keeping them clean.                                                            | <b>24</b> Reuse instead of recycling. Research how you can practice this more in your home.                                                            | <b>25</b> Research bird feeder and house installation. Put out strips of yarn or string for bird nesting materials.                                                |
| <b>26</b> Get a book on birds at the local library. Go for a nature walk and reflect on the beauty you see.                                                                                                                                                                                                                      | <b>27</b> Donate to a local food pantry.    | <b>28</b> Research the do's and don'ts of recycling in your area. Share this information with others.                                    | <b>29</b> Research and use detergent strips to reduce your plastic.  | <b>30</b> Go on a Gratitude Walk. Thank God for all the beauty He has given to us in Creation.                                                      | <b>31</b> Fast or abstain for a cause.                            | <b>April 1</b> Fossil Fools Day: Use Public transportation, carpool or walk to where you need to be.                                                               |
| <b>2 Palm Sunday</b><br>Take time to pray outside.                                                                                                                                                                                            | <b>3</b> Learn ways you can help be more involved in ways to help the poor.                                                    | <b>4</b> Begin only using reusable grocery bags.      | <b>5</b> Take your own containers to restaurants to take your leftovers home.                                                                           | <b>6 Holy Thursday</b><br>Spend time with someone who is homebound or call a person who is struggling.                                              | <b>7 Good Friday</b><br>Today is a day of fasting.                | <b>8 Holy Saturday</b><br>Take time to reflect on continuing the changes you've made during Lent.                                                                  |

*Come hear guest,  
Father Stephen Dyas,  
LC, speak on how to  
discern God's voice in  
your family life!*

# Lenten Parent Talk: *Discernment in Family Life*

**7 pm Tuesday  
14 March 2023**



*Blessed Family Montessori in the LWC*  
14911 127th Street, Rooms 121 & 123  
Lemont, IL 60439  
For directions to the event scan QR code.

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