

Adult Faith Enrichment 2021

January – Never Stop Praying by Leo Gafney
5 week reflection exercises...leading into February.

February & March – SEASON of LENT
Lectio Divina - weekly reflection of the Sunday Gospel...

April – Seeing God in Creation Around Us.
Time to ‘get up and get outside’ and see the beauty of God’s work in Creation around us. To help with prayer and reflection, topics / themes are offered which accompany the participant during journaling and reflection.

May – Sunset Prayer
Let us pray... During this Spring season, the sunsets are magnificent! God is quite an artist with his majestic paint brush. What a perfect time for one to take in the beauty of creation as well as giving thanks for God’s endless love for his people. We invite you to consider taking a walk (maybe with a family member or a friend, or maybe the entire family) in your neighborhood, and say a rosary on your walk. (Sunset time on 4/17 was 7:36 pm...and it will continue to be later in the month of May)

There are many ways to pray the rosary, and in case you would like to follow, a copy of a traditional rosary prayer follows.

PRAYING THE ROSARY

+ In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

+ I believe in God, the Father Almighty, Maker of heaven and earth. And in Jesus Christ, His only Son, our Lord; who was conceived by the Holy Spirit; born of the Virgin Mary; Suffered under Pontius Pilate; was crucified, died and was buried; he descended into hell; the third day he rose again from the dead; he ascended into heaven; and sits at the right hand of God the Father Almighty; from thence he shall come to judge the living and the dead. I believe in the Holy Spirit; the Holy Catholic Church, the Communion of Saints; the forgiveness of sins; the Resurrection of the body; and life everlasting. Amen.

+ Our Father....

+ Hail Mary...(3xs)

+ Glory be to the Father...

+ The FIRST LUMINOUS MYSTERY...

The Baptism of the Lord

+ Our Father...

+ Hail Mary...(10xs)

+ Glory be to the Father...

+ O my Jesus, forgive us our sins. Save us from the fires of hell. Lead all souls to heaven, especially those in most need of thy mercy.

+ The SECOND LUMINOUS MYSTERY...
The Wedding in Cana

+ Our Father...

+ Hail Mary...(10xs)

+ Glory be to the Father...

+ O my Jesus, forgive us our sins. Save us from the fires of hell. Lead all souls into heaven, especially those most need of thy mercy.

+ The THIRD LUMINOUS MYSTERY...
The Proclamation of the Kingdom of God

+ Our Father...

+ Hail Mary...(10xs)

+ Glory be to the Father...

+ O my Jesus, forgive us our sins. Save us from the fires of hell. Lead all souls into heaven, especially those in most need of thy mercy.

+ The FOURTH LUMINOUS MYSTERY...
The Transfiguration

+ Our Father...

+ Hail Mary...(10xs)

+ Glory be to the Father...

+ O my Jesus, forgive us our sins. Save us from the fires of hell. Lead all souls into heaven, especially those in most need of thy mercy.

+ The FIFTH LUMINOUS MYSTERY...
The Institution of the Eucharist

+ Our Father...

+ Hail Mary...(10xs)

+ Glory be to the Father...

**+ O my Jesus, forgive us our sins. Save us from
the fires of hell. Lead all souls into heaven,
especially those in most need of thy mercy.**

**+ Hail Holy Queen, Mother of Mercy, our Life, our Sweetness,
and our hope. To thee we cry, poor banished children of Eve.
To thee we send up our sighs, mourning and weeping in this
vale of tears. Turn then most gracious advocate, Thine eyes of
mercy toward us, and after this, our exile, show unto us, the
blessed fruit of thy womb, Jesus. O clement, O loving, O sweet
Virgin Mary. Pray for us O Holy Mother of God, that we may be
made worthy of the promises of Christ. Amen.**

+ In the name of the Father.....